

AHARC Public Meetings: Suggestions from the Community

This document summarizes the suggestions from the community members who attended our three (3) public meetings to learn about the Avalon Health Access and Resilience Center project. We greatly appreciate the feedback and will take this into consideration as the center design is finalized.

| Topic | Suggestions |
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| Classroom | <ol style="list-style-type: none"> 1. Comfortable chairs. 2. Computers available to assist during the class. 3. Classes to offer: <ol style="list-style-type: none"> a. Basic Computer Skills b. Resume Writing c. Interview Preparation d. Workforce Skills e. Money Management/Budgeting f. Mental Health Workshops g. Earthquake Preparedness h. Emergency Action Planning, including what documents to take and save during an emergency. i. Nutrition j. Cooking k. Diabetes Management l. Art m. Music n. Yoga o. Physical Therapy p. Knowing Your Rights |

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| | <ul style="list-style-type: none"> q. CPR and Basic Life Support r. English Language s. Sports for children |
| Dining Room and Kitchen | <ol style="list-style-type: none"> 1. Comfortable seating. 2. Option to be served food and meals to take. 3. Healthy food options. 4. Vegan and plant-based food options. 5. Enough food for people during an emergency. |
| Large Assembly Room | <ol style="list-style-type: none"> 1. Space to store items, documents, and medication. 2. Accessible features, such as comfortable seating and tables for seniors and people living with disabilities. 3. Quiet areas. 4. Toys, books, and space for children to play. 5. Second floor to shelter more people. 6. Cool roof material to help keep the inside of the center cool. 7. Beds or cots in case people need to shelter overnight. 8. Access to mobile phone reception and WiFi. 9. Childcare support. |
| Outdoor Cooling Space | <ol style="list-style-type: none"> 1. Comfortable seating. 2. A water feature for children to play in. 3. Plants/trees to make the space greener + have more shade. 4. Community Mural |
| Community Garden | <ol style="list-style-type: none"> 1. Opportunity to volunteer for community members and students. 2. Planting fruits and vegetables. 3. Native Plants 4. Composting for garden |

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| Pet Shelter and Dog Walk | <ol style="list-style-type: none">1. Large and small cages for different sized pets.2. Bags to pick up after your dog.3. Janitorial services |
| Staffing | <ol style="list-style-type: none">1. Staff who are kind and respectful of different people.2. Staff who are trained in cultural sensitivity.3. Job opportunities for the local community.4. Security staff to help keep community members safe. |